

# C★A★M★O

## Glove and Shinguard Requirements 2013

### § 713. Shinguards

All contestants who have less than three (3) amateur MMA fights shall wear shinguards approved by CAMO during competition that meet the following specifications:

- Shinguards shall be made of neoprene construction and be tightly fitted to the shin and free of buckles, straps, or exposed Velcro.
- Shinguards shall be black and/or white in color only.
- Shinguards that are unduly obtrusive, cumbersome or in such poor condition that CAMO or its representative determines that it will not effectively protect the contestant and/or his or her opponent, shall not be approved.

**Any contestant with three (3) or more verifiable amateur MMA fights shall not be required to wear shinguards during competition.**

## Examples of Styles Approved

(NOT Brand Specific. Available at any MMA retailer)



## Examples of Styles NOT Approved



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§ 709. Gloves-Weight.

All contestants shall wear CAMO approved gloves weighing a minimum of approximately 6 ounces that are black in color with white tops or knuckles.

## Current Approved CAMO Gloves



**Century® CREED™ MMA Training Gloves**

[www.centurymartialarts.com](http://www.centurymartialarts.com)

[www.mmawarehouse.com](http://www.mmawarehouse.com)

Other retailers



**CAMO MMA Glove: Built To Fight**

Available for purchase at:

CAMO Headquarters

[www.camo-mma.org](http://www.camo-mma.org)

[info@camomma.org](mailto:info@camomma.org)