



CALIFORNIA AMATEUR MIXED MARTIAL ARTS ORGANIZATION, INC.  
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Amateur Mixed Martial Arts and Pankration  
**BLOOD TEST INSTRUCTIONS**

*Any person applying for a license or the renewal of a license as an amateur mixed martial arts fighter shall present documentary evidence satisfactory to CAMO that the applicant has been administered a blood test, by a laboratory to detect the presence of antibodies both to the human immunodeficiency virus (HIV) and to hepatitis C virus (HCV) and to detect the presence of the antigen of hepatitis B virus (HBV) within 30 days of the date of the application and that the results of all three tests are negative. (AMMA Rules & Regs §605).*

**CAMO Policy for blood tests:**

**1. TIME SENSITIVE** – The blood tests results must be provided to CAMO **within 30 days of** the blood test being taken. No blood test will be accepted that is dated more than 30 days prior to submission. No exceptions.

**2. OFFICIAL RESULTS** – All results must show negative results and must be submitted on the computer generated letterhead of the laboratory that administered the tests. Tests not submitted directly from the testing laboratory are subject to verification.

**3. EXPIRATION** – Blood tests will remain valid until the expiration of the applicant's license, if granted.

**4. FALSIFICATION OF DOCUMENTS** – Any athlete, coach or licensee found to have manipulated, altered or otherwise falsified a blood test for the purpose of licensure will be suspended immediately and may have their license revoked/denied indefinitely. All suspensions will be reported to a national database and the California State Athletic Commission (CSAC). Fighters will be held responsible for all documents submitted on their behalf.

**5. REQUIRED BLOOD TESTS** – The required blood tests are as follows (please verify these EXACT tests with your attending nurse, phlebotomist or physician):

- 1) HIV
- 2) Hepatitis C Antibody
- 3) Hepatitis B Surface Antigen

**6. LABORATORIES:** – CAMO will accept blood tests from licensed and accredited laboratories. Three popular locations for California athletes are as follows:

- 1) Request-A-Test: 1(888) 732-2348 (24 hr turnaround in most cases)
- 2) Bio Data Lab: 1(909) 445-9727
- 3) Advanced Sports Labs: 1(866) 755-6883